

Flight Info:

AirTran flight 346

Leave: June 16 8:50 am, arrive DEN 10:00 am

AirTran flight 347

Return: June 28th 4:25 pm, arrive ATL 9:23 pm

Prior To:

- Haircut (with limited access to showers, hair can become a tangled mess over the course of a Trek)
- Trim finger & toenails
- Tent buddies & who's bringing tents
- Crew positions
- Label all your items with your name & Crew Info: 616-K-7
- Make sure your boots fit!

Travel Items:

- Photo ID
- Wallet, money (\$50-\$75)
- Duffle bag or mesh laundry bag for protecting backpack during airplane trip.
- Class A Uniform shirt
- Class A Uniform shorts/trousers & scout socks
- Class B crew shirt
- Scout Belt
- Undershorts
- Comfortable shoes
- Small Gym bag/book bag to be left in locker at base camp, containing:
 - Small towel
 - Change of underwear
 - Class B t-shirt
 - Deodorant

Adults will bring crew gear

- Water filters (3)
- 25' -1/8" nylon cord (2)
- Sun Screen (1 large)
- Shampoo
- Insect Repellent
- Biodegradable Campsuds
- Stoves (2), fuel bottles (3) (mailed in advance)
- Collapsible water bags (2)
- Tarp (1)
- Sewing Kit (1)
- Crew First Aid Kit
- Duct Tape
- Padlocks for Crew Locker (2)
- Multi Tool (1)
- Camp Trowel (1)

Pack List

This list is the maximum you should take. Take no more than 25 lbs. of personal equipment. Your share of crew equipment and food will be added to your pack. Be sure your pack is large enough to handle your share of crew equipment. Total pack weight will be 35-50 lbs.

Backpack

- Internal or external frame pack with padded hip belt 3,500-4,500 cu in (70-80 Liters)
- Waterproof pack cover
- Assorted size Ziplock bags to pack clothes

Sleeping

- Sleeping bag (0- 20°) in stuff sack, lined with plastic bag to keep dry.
- T-shirt & gym shorts worn only in sleeping bag. Pack inside sleeping bag.
- Foam or Thermarest sleeping pad.

Clothing

Layer A (Hiking Clothes)

- Hiking Boots, broken in
- 1 pair lightweight shoes
- 2 pair heavy hiking socks (wool, blend, synthetic)
- 2 pair polypro liner socks
- 2 pair underwear
- 2 pair hiking shorts, may optionally substitute 2 pair convertible pants to reduce weight.
- Belt, if shorts/pants do not have a belt
- 2 crew trail T-Shirts (not cotton)
- Hat with brim
- Sunglasses

Layer B (Cool Evening)

- 1 long sleeve shirt (not cotton)
- 1 pair long pants (nylon), this may be a pair of convertible pants from the Layer A list
- 1 pair polypro base layer, bottoms such as Patagonia Capilene 2

Layer C (Cold)

- 1 polar fleece jacket or 1/4 zip fleece shirt
- Wool or fleece cap
- Gloves

Layer D (Cold, Wet Windy)

- 1 Rain suit (Jacket & pants), no ponchos

Eating

- Deep plate/bowl/large sierra cup
- Cup
- Spoon/Spork
- 3-4, 1 Liter Nalgene bottles, wide mouth. Identify which Nalgene will be used for Gatoraide, etc. This Nalgene will go in bear bag at night.

Other

- Flashlight, small with extra batteries
- Compass
- 2 bandannas
- Ditty bag (for personal items in bear bag)
 - Lip balm
 - Small camp towel
 - Toothbrush/toothpaste
 - Scented toilet paper/wipes
 - Personal first aid items, such as moleskin, bandaids, foot powder, duct tape, etc.

Optional

- Camera
- Whistle
- Watch
- Comb
- Paperback book
- Small sewing kit
- Small pocketknife
- Shaving equipment
- Hydration bag